PAINFUL PERIODS SCIENCE AIDS

Suggestions How to Find Relief from Such Suffering.



While no woman is entirely free from periodical suffering, it does not seem to be the plan of nature that women should suffer so severely. Menstruation is a severe strain on a woman's vitality. If it is painful or irregular something is wrong which should be set right or it will lead to a serious derangement of the whole female organism.

More than fifty thousand women have testified ingrateful letters to Mrs. Pinkham that Lydia E. Pinkham's Vegetable Compound overcomes painful and irregular menstruation.

Vegetable Compound sooner; for I have tried so many remedies without help.

"I dreaded the approach of my menstrual period every month, as it meant so much pain and suffering for me, but after I had used the Compound two months I became regular and natural and am now perfectly well and free from pain atmy monthly periods. I am very grateful for what Lydia E. Pinkham's Vegetable Compound stands without a peer as a remedy for all the distressing ills of women.

Pinkham that Lydia E. Pinkham's Vegetable Compound overcomes painful and irregular menstruation.

It provides a safe and sure way of escape from distressing and dangerous weaknesses and diseases.

The two following letters tell so convincingly what Lydia E. Pinkham's Vegetable Compound will do for women, they cannot fail to bring hope to thousands of sufferers.

The Doctor

INDUSTRY

Why Germany Leads All In Commerce.

MUST FOLLOW

Dr. Pritchett Predicts Far Reaching and Good Results - Visits Washington in Interest of Standards Bureau.

Washington, Nov. 6 .- Dr. Henry S. Pritchett, president of the Massachusetts Institute of Technology and formerly at the head of the Bureau of Geological Survey, is in Washington to attend the meeting of the Board of Visitors of the Bureau of Standards, which was described in this correspondence some weeks ago. Dr. Pritchett, had much to do with the establishment of this bureau on its broad lines. When it is yet in its infancy he believes the bureau is des-

"Eventually," he said, "it ought to lo for us what the German governmental bureau of practical research does for the subjects of the kaiser. When in Germany recently I was intensely inter-ested in this phase of State work, and learned how far-reaching and beneficent were the results attained. In applying The success of Lydia E. Pinkham's Vegetable Compound rests upon the well-earned gratitude of American When women are troubled with irregular, suppressed or painful menstruation, leucorrhea, displacement or ulceration of the womb, that bearingdown feeling, inflammation of the ovaries, backache, bloating, (or flatulency), general debility, indigestion and nervous prostration, or are beset with such symptoms as dizziness, faintness, lassitude, excitability, irritability, nervousness, aleeplessness, melancholy, they should remember there is one tried and true remedy. Lydia E. Pinkham's

tined to be of great value to our people.

The Apple are much in density of the spend and part of the spend a

were written by one physician. H. D. Ryder, State's attorney, upon investiga-tion found that of the whole number of prescriptions, only about a dozen were made out in legal form. The story goes that a day or two later Attorney-General Fitts came into one of the drug stores, with a doctor's prescription for a quart of alcohol. However, the clerk informed him that he could not fill it, for it was not made out legally. Thereupon Fitts is said to have turned on his heels and valked out without a word.

When a girl goes on a visit she never can tell what will happen, and is pre-pared for any emergency. Two Atchison girls went to Leavenworth yesterday afrnoon and will return this afternoon. This is what they took with them: Two dresses apiece besides the one they wore. shirt waist each, a pair of shoes each, sides the one they wore, and each girl took a complete suit of lingerie besides the one she wore. They took six handkerchiefs each, two pairs of gloves each, two stamped envelopes and four postal cards—Atchison Globe.

Take Care Of Your Heart. It is the engine that forces

the blood to every part of the body; this blood conveys the nourishment that makes flesh, bone and muscle; it also carries off the worn-out particles.

If the heart flutters or palpitates, it is weak, and is working imperiectly, so that the body does not get this nourishment; it also fails to throw off the impurities, and they remain to poison the system.

If it is irregular, skips beats, or is painful, the heart is prob-ably "leaky" and the circulation poor. These conditions are dangerous. You can make your heart well, and keep it so, with Dr. Miles' Heart Cure, which is a heart medicine and tonic that strengthens the heart nerves and muscles.

heart nerves and muscles.

"I have been a sufferer for years from nervousness and weak heart, and I have tried all the doctors in the community. They all told me that I had heart trouble, but they falled to help me. My druggist prevailed upon me to try Dr. Miles' Heart Cure, and Restorative Nervine, saying that if the first bottle did not benefit me he woold return the money. Every does helped me from the time I began taking it, and after awhile my trouble was gone entirely."

BURDETTE DeKAY, Cuba, N. Y.
Dr. Miles' Heart Cure is sold by

Dr. Miles' Heart Cure is sold by your drugglest, who will guarantee that the first bottle will benefit. If it falls he will refund your money. Miles Medical Co., Elkhart, Ind

HORNS ON WILD MAN.

least nearer to the scene of the legisla-tive investigation," said a friend of the ex-president, "but it is only now that we have been able to do so. I hear that Mr. Alexander is much improved. He is eager to testify just as soon as it is possible, if only in order to have a chance to disprove the calumnies now spread about him."

Apparently the committee has received o word of William H. McIntyre, Thomas D. Jordan and Gen. Louis Fitzgerald. It is believed that Mr. Alexander is, perhaps, the only insurance man of im-portance whose whereabouts is known who is able to furnish information as to the Equitable's so-called "yellow dog' fund, and the mystic "J. W. A." ac

DREAMS WERE A BRIDGE.

layer, which were read in the Divorce ourt Saturday.

They glowed with love and terms of endearment. In one Mrs. Cookson called Hutcheroft her "dearest sweetheart," and said her dreams were the bridges over which she came to him nightly Hutcheroft was then in the South. In another letter she spoke of her houghts of him at night as like the opening of a box of jewels by moon-light. In another she asked him to send her his money so he could save it and go to the St. Louis exposition.

TORNADO IN OKLAHOMA.

Seven Persons Killed and Much Property Destroyed.

Guthrie Okla., Nov. 6,-A tornado Guthrie Okla., Nov. 6.—A tornado struck Mountain View, Okla., Saturday evening, killing seven persons and injuring many others, and damaging much property. The dead: W. T. White, F. W. Clark, Jennie Jones, Mrs. W. M. Holt and child, J. S. Barkley, Mrs. Smith. The school-house, two churches, two livery barns, one hotel, a cotton gin and about 12 dwellings were blown away about 12 dwellings were blown away and many more seriously damaged. The usiness part of the town was untouched, xcept that a few windows were blown

FOR EARLY

scientific knowledge to the practical things of life, the Germans are in the Also Tusks; Seeks Services of a Doctor to none in the desire for reform of the

RAILWAY STATIONS BURNED.

Postal Service Suspended Between Odessa and Shmerinka.

London, Nov. 6 .- A special to the

and the postal service has been suspended. Collisions between armed forces doubled by the invention of a resident ander. day was the following:

seen that the dress masked a student."

NOURISH

the body, don't dose it nourishment in existence. It is more than a food; condition so that ordinary food can be easily digested. Try it if you are run down and your food doesn't nourish you.

- - s. BOWNE, 400 Pearl Street, New York,

WELCOME WORDS TO WOMEN.

It is reported from Iowa that a judge there has granted a woman a divorce with, I feel it my duty to act promptly and decisively." at her jokes. This is a very dangerou

and uncomfortable decision. An English writer claims that the intellectual level of English women has Judge Orders Marriage Annulled Because fallen during the past 50 years, and that now they read little but the lightest

Standard from Odessa says:

"Three railway stations have been burned between Odessa and Shmerinka, and the postal service has been suspended. Collisions between armed forces of Collisions between armed forces of Collisions between armed forces of the collisions between armed forces of the collisions of a resident collisions between armed forces of the collisions of a resident collisions between armed forces of the collisions of a resident collision of the collisions of the co

districts. Yesterday's casualties are be-lieved to have numbered about 500. Among the incidents witnessed yester-or mine refuse show an accumulation of performed for the persons had been divorced within the preceding year and the court was of the opinion that the ceremony on the high seas and without a license was or mine refuse show an accumulation of performed for the purpose of evading 51/2 pounds of gold in 10 days.

DREAMS WERE A BRIDGE.

"A student and a girl were driving in a droshky, the girl wearing a red cross armlet. Six cossacks were quietly passing, when suddenly the girl fired, wounding one of them in the leg. The Saturday expressed his unqualified disgust with the love letters of Mrs. Cookson to Thornton Huthcroft, the baseball was shot, and as she fell it could be player, which were read in the Divorce of the student."

In a droshky, the girl wearing a red cross armlet. Six cossacks were quietly passing, when suddenly the girl fired, wounding one of them in the leg. The cossacks replied, shooting the student who draw low numbers from the wheel are sent to the surgeons for examination, and if they pass are sent to the player, which were read in the Divorce seen that the dress masked a student."

In a droshky, the girl were driving in Russia is just beginning, and there are 475,246 on a petition filed by the woman, who cross armlet. Six cossacks were quietly passing, when suddenly the girl fired, wounding one of them in the leg. The cossacks replied, shooting the student who draw low numbers from the wheel.

A New Dessert Idea.

You and thousands of others are tired

Of eccentric advertisements the London Chronicle remarks: "Probably to the end of time respectable women will want washing, though it is hard to reconcile their respectability with their last of personal cleanliness. Butchers, with medicine. Scott's too, are prepared to 'kill anything' whe Emulsion is the best nourishment in existence. Stotts in search of employment, are well matched by the dealer who, wanting a salesmen, predicts that he must be 'alive when wanted.'"

Dr. Edward F. Bush is running for mayor of Mount Vernon, N. Y., and conyou may doubt it, but it ducting his campaign in a novel manner. He has a log cabin which has been put digests perfectly easy and on wheels, and a pair of nules draw it around so that the candidate can make at the same time gets the digestive functions in a speeches from the doorway. Dr. Brush is an independent candidate and is advocating that an equal number of republicans and democrats be elected to

while going to Washington one day not long ago, noticed a crowd around the depot at one of the stations on the Southern, down in North Carolina, and poked his head out of the window and asked of a negro, "Adam, what's the matter here?" "Jim Johnson's dead, sah," was the answer. "Somebody shoot him?" "No, sah; nobody done nuthin' to him; he jis died all to once unanimously.

DISSOLUTION

Prim the view point of the average man housework is very easy. The wife right at home. She is her own mistress. She can set down and rest any the stress of the concerning which there can be no uncertained. The concerning which there can be no uncertained to doing work to-day, she can do it of downwards the concerning which there can be no uncertained. The concerning which there can be no uncertained to doing work to-day, she can do it of downwards the concerning which there can be no uncertained. The concerning which there can be no uncertained to doing work to-day, she can do it of downwards the concerning which there can be no uncertained. The concerning which there can be no uncertained to doing work to-day, she can do it of downwards the concerning which there can be no uncertained. The concerning which there can be no uncertained to doing work to-day, she can do it of downwards the concerning which there can be no uncertained. The concerning which there can be no uncertained to doing work to-day, she can do it of downwards the concerning which there can be no uncertained. The concerning which there can be no uncertained to doing work to-day, she can do it of downwards the concerning which there can be not concerning which there can be no uncertained. The concerning which there can be not uncertained to doing work to-day, she can do it of downwards the concerning which there can be not uncertained. The concerning which there can be not uncertained to doing work to-day, she can do it of downwards the concerning which there can be not concerning which the control which the can be not concerning which there can be not concerning which the concerning which there can be not concerning which there can be not concerning which there can be not concerning which there ca

New York, Nov. 6.—The condition of James W. Alexander, the ex-president of the Equitable Life Assurance Society, shows so much improvement that his friends are hopeful that he will be able to testify before the legislative insurance committee. Mr. Alexander's condition if such that he has been able to depart from the Catakli mountains, and he is now in New England and nearer New York.

The famous "poison squad" at Washington are now going up against the real ington are now going up against the real that New York Life Insurance Company, had complied with his demands to residuately away, wouldn't come back, and that they are to be put on a diet of cold storage food.

It is reported that the Mexican government is sick of its ownership of rail roads and is willing to sell the 51 per cent of stock it holds in a number of lines.

Out in Kansas a superintendent of accompany will expire on Tuesday, and had elected new officers in place of the present incumbents to schools have ruled that a teacher can whip an unruly pupil with a piece of rubber of the surface of the food of the surface of the surface

SEA MARRIAGE DOES NOT HOLD.

State Law Was Evaded. San Diego, Cal., Nov. 6 .- Judge Tor-

One of the persons had been divorced the laws of the state.

You and thousands of others are tired of the every day desserts. Let us suggest that you try to-day

Quick Pudding

Which can be prepared instantly. All ingredients in the package. Add one quart milk, bring to a boil, cool and serve. Five choice flavors-Vanilla, Lemon, Chocolate, Strawberry and Orange. 10c. All grocers. Order Each Flavor To-day.

We Recommend

speeches from the doorway. Dr. Brush is an independent candidate and is advocating that an equal number of republicans and democrats be elected to the city council.

Representative Adamson of Georgia, while going to Washington one day not long ago, noticed a crowd around the

D. F. Davis, E. A. Drown,
C. H. Kendrick & Co., Barre, Vt.
J. H. McArthur, East Barre, Vt.
W. H. Miles, Graniteville, Vt.
F. C. Huntington, Washington, Vt.
L. D. Tillotson, Washington, Vt.
F. A. Ainsworth, Williamstown, Vt.
Mark Mears, Marshfield, Vt.

HAVE USED Polk's Troy Laundry Washing Crystals (in bulk) in their laundries for years. There is a reason for this. It is simple enough. It is the best article obtainable for laundry work. Wash day is robbed of its terrors-clothes are made clean and the colors are retained or made brighter. Does not injure the most delicate fabric.

Don't wear yourself out at the wash tub. Don't use unknown washing compounds that will injure your clothes.

Get a package of SAVES THE RUB and save your time, your clothes and yourself. Remember it is

'Are your bowels regular?" He

knows that daily action of the bowels is absolutely essential to

small laxative doses of Ayer's Pills. We have so secrets! We publish J. G. Ayer Co., the formulas of all one medicines. Lowell, Mann.

SYRACUSE, NEW YORK

Always Asks and your bowels regular by taking small laxative doses of Ayer's Pills.

PACKAGES LAST YEAR: SOME SYRACUSE, NEW YORK ONE WAS SATISFIED. IN 2-PIE 10c PACKAGES.

For Eight of these Coupons and Sixty-Nine Cents we will furnish for a time Times Read-rs with a 14k Solid Gold, fully warranted. Fountain Pen, polished barrel, rubber cap, screw action, beautiful delivery, worth \$1.50. Perfect satisfaction guaranteed. You will wonder ow you ever got along without it. Carry your Coupons to Rickert & Wells, Barre, Vt.

PREMIUM SOLID GOLD FOUNTAIN PEN. NOTHING BETTER FOR CHRISTMAS.

"The Cleaner That Made Troy Laundries Famous."

Price 10 and 15 Cents a Package.

Manufactured by FOLK & CALDER DRUG CO., TROY, N. Y.